

Babysitting 101

Age 10 - 13

This is an entry level course intended to teach age appropriate skills necessary to care for children of all ages using team babysitting, mother's helper and individual babysitting concepts. The course focuses on safety with emphasis on prevention. Basic first aid and obstructed airway management for a conscious choking adult/child and infant will be covered. Other topics include hand washing, diapering, bottle feeding, personal safety, interview skills and many more topics. Please bring a snack, CD, book, handouts and Babysitter Safety Certificate of Completion is included. *Instructor: Life Service LLC.*

PROGRAM #	DAY	DATES	TIME	RES/NRES
352521A	Sat	11/03	9:30A - 1:30P	\$65/\$70
353521A	Sat	01/05	9:30A - 1:30P	\$65/\$70

LOCATION: ELMWOOD COMMUNITY CENTER

Safety and Emergency Information required on Registration Form.

Register online, by fax or mail to Elmwood Community Center.

Babysitting 102

Age 12 - 16

This course is for youth 12-16 years with a sincere interest in advanced concepts and skill of First Aid including CPR certification. Building on the entry level skills from Babysitter 101, objectives for this scenario based, expanded course includes additional first Aid Concept, Adult/Child and Infant CPR. Requires written and skills testing to receive 2 year certification. Student receives book, handouts and rescue shield breathing barrier device. Prerequisite: Babysitting 101. *Instructor: Life Service LLC.*

PROGRAM #	DAY	DATES	TIME	RES/NRES
352613A	Sat	11/10	9:30A - 12:30P	\$65/\$70
353613A	Sat	01/12	9:30A - 12:30P	\$65/\$70

LOCATION: ELMWOOD COMMUNITY CENTER

Safety and Emergency Information required on Registration Form.

Register online, by fax or mail to Elmwood Community Center.

Basketball Boys and Girls Fundamentals

Age 8 - 13

With a distinguished 30-year career as a coach to youth up through college students, a P.E. instructor and sports referee, West Hartford resident AJ O'Brien will run this co-ed program specifically designed for youth interested in playing in a basketball league but who needs some additional skills development. This session will focus on basic basketball skills such as dribbling, shooting, passing, defending and running. Teaching children these fundamentals gives them a strong foundation on which to build their skills, making the game more fun and possibly keeping them interested in the sport for many years. *Instructor: AJ O'Brien. No Class: 10/8, 2/18.*

PROGRAM #	DAY	DATES	TIME	RES/NRES
352660A	Mon	09/24 - 11/05	6:00 - 6:55P	\$80/\$85
353660A	Mon	01/28 - 03/11	6:00 - 6:55P	\$80/\$85

LOCATION: ELMWOOD COMMUNITY CENTER

Register online, by fax or mail to Elmwood Community Center.

Basketball Pre-Season

Age 11 - 14

Join Head Varsity Conard Coach Jared Leghorn and some of his current players to develop the skills and attitude necessary to excel this season. The program includes training and skill development work designed to enhance each player's ability through repetition of game-simulated training sessions. Skill development includes ball handling, shooting, passing, individual and team defense and rebounding. *Instructor: Jared Leghorn & Staff.*

PROGRAM #	DAY	DATES	TIME	RES/NRES
412440A	Wed	10/03 - 11/07	6:00 - 7:30P	\$89/\$99

LOCATION: BRISTOW MIDDLE SCHOOL

Register online, by fax or mail to Customer Service Desk, Town Hall.

Creative Dance

Age 5 - 7

In this class, the students will be able to identify and demonstrate the different locomotor moves in dance (jump, skip, hop and leap). Students will be able to become more familiar with moving in sequence and hearing music to connect the rhythmic patterns to the movement. Students will play creative games and use musical instruments to execute the learning of rhythmic patterns in an enjoyable way. Wear dance attire or comfortable athletic clothing. Ballet slippers are preferred. *Instructor: Taryn Keenan.*

PROGRAM #	DAY	DATES	TIME	RES/NRES
362105B	Fri	09/21 - 11/09	4:00 - 4:55P	\$80/\$90
363105B	Fri	01/11 - 03/01	4:00 - 4:55P	\$80/\$90

LOCATION: ELMWOOD COMMUNITY CENTER

Register online, by fax or mail to Elmwood Community Center.

ECC Gymnastics

Age 5 - 8

Learn the basic fundamentals of gymnastics from vault and beam to floor exercises. This exciting and fun filled program will be instructed by a seasoned gymnastics professional. *Instructor: Amanda Kelsey. No class: 2/19.*

PROGRAM #	DAY	DATES	TIME	RES/NRES
352181A	Tue	09/18 - 12/04	5:30 - 6:15P	\$100/\$110
353181A	Tue	01/08 - 03/26*	6:15 - 7:00P	\$90/\$100

LOCATION: ELMWOOD COMMUNITY CENTER

Register online, by fax or mail to Elmwood Community Center.

Register online any day, any time.
It's quick, easy and secure.
WestHartfordCT.gov/LeisureServices



Elmwood Makers **NEW!**

Age 7 - 12

Elmwood Makers is a hands on curiosity driven club for youth ages 7-12 who want to foster their maker mindset through inventing, tinkering and exploring using a variety of tools and open ended materials. Children will experiment with paper circuits, build simple machines and games and create moving vehicles using loose parts and reusable materials. Each maker will also have time to design and build from their own ideas using supplied materials and simple tools. Fee includes all materials. If you wish to register your child for both days, please call the office at 860-561-8160. The fee is \$175. *Instructor: Wendy McGrath.* **No Class: 10/31.**

PROGRAM #	DAY	DATES	TIME	RES/NRES
362361A	Wed	09/19 - 11/07	3:00 - 5:00P	\$110/\$120
362361B	Fri	09/21 - 11/09	4:00 - 6:00P	\$125/\$135

LOCATION: ELMWOOD COMMUNITY CENTER

Register online, by fax or mail to Elmwood Community Center.

Fall Lacrosse Clinic

Age 6 - 14

This 6-session fall clinic series will focus on teaching the skills, concepts and game situations that will give new and experienced lacrosse players the confidence to make quality decisions on the field and ultimately prepare to play at the next level. All level players are welcome and the low coach-to-player ratio will allow each athlete the chance to gain personalized coaching to help in their individual player development. *Instructor: Meg Cersosimo.*

PROGRAM #	DAY	DATES	TIME	RES/NRES
412410A	Sat	09/08 - 10/13	3:30 - 5:00P	\$150/\$160

LOCATION: WEBSTER HILL SCHOOL

Register online, by fax or mail to Customer Service Desk, Town Hall.

Girls in Stride Running: Elementary

Age 6 - 11

This dynamite training program will prepare your daughter for the 5K at the Blue Back Mitten Run on December 2, 2018. Focus will be on using games and drills that make running fun while also improving athletic performance and reducing injury risk for those who play other sports. Goal setting, planning and healthy competition will also be stressed. In addition, the girls will receive nutrition tips and education as well as home-based exercise assignments through the Girls in Stride website. Registration fee includes a training journal and t-shirt. When registering, please indicate the appropriate youth t-shirt size: Small, Medium, Large and X-Large. In case of rain, the program will take place at King Philip Middle School, 8th grade gym. Race registration is not included in the program fee. For more information, visit www.girlsinstride.com. *Instructor: Glenn Marcella, Lisa Pillow.* **No Class: 11/21.**

PROGRAM #	DAY	DATES	TIME	RES/NRES
412426A	Wed	10/03 - 11/28	3:30 - 4:30P	\$93/\$103

LOCATION: FERNRIDGE PARK

Register online, by fax or mail to Customer Service Desk, Town Hall.

Birthday Parties at ECC

Meet with our party planner and share your ideas for a memorable party for your child! We will set up a classroom at the center with a unique birthday party theme for your child. Choose your own theme or we can customize a theme for you!

All you have to do is bring the cake while we plan, decorate, shop, set-up and clean-up for you! You can relax and enjoy your child's birthday party while we supervise and entertain the kiddos.

**For more information
phone 860-561-8160.**



Girls in Stride Running: Middle School

Age 11 - 14

Participants will gain confidence, build self-esteem and head to a path of health and fitness. This program is offered for all levels of runners. The girls will be exposed to goal setting and planning, mechanics of running, journaling of training, nutrition and mental preparation. The training program will incorporate running drills that will enhance power, stability, agility and endurance, and will complement and enhance the instruction that she may be receiving in another sport. In addition to the Wednesday sessions, there will be other opportunities for running workouts and home based strength exercises. The program will culminate with the Blue Back Mitten Run 5K on December 2, 2018. Registration fee includes a t-shirt and training journal. When registering, please indicate the t-shirt size for your daughter: Youth Large, Youth X-Large, Adult Small, Adult Medium, Adult Large. In case of rain, the program will take place at King Philip Middle School, 8th grade gym. Race registration is not included in the program fee. For more information, please visit the Girls in Stride website: www.girlsinstride.com. *Instructor: Girls in Stride Instructors.*

No Class: 11/21.

PROGRAM #	DAY	DATES	TIME	RES/NRES
412425A	Wed	10/03 - 11/28	3:30 - 4:30P	\$93/\$103

LOCATION: FERNRIDGE PARK

Register online, by fax or mail to Customer Service Desk, Town Hall.

SCHOOL FIELD TRIPS

At Westmoor Park

We specialize in hands-on, curriculum-enhancing programs, and work with schools, home school groups, scouts, and other organizations.

Some of our popular program titles include: Fur, Feathers and Scales; Farm in the Classroom; Insect Adventures; All About Seeds; Adaptation Exploration; Fresh Water Ecology; Weathering & Erosion; and Animal Demonstrations.

For scheduling availability and details you may reach our Education Coordinator at 860-561-8260, or email westmoorpark@westhartfordct.gov

**Gymnastics**

Age 6 - 12

This co-ed gymnastics program will be held in a safe and stress free environment at Whiting Lane School. Basic gymnastics techniques and moves will be taught with an emphasis on fun. The gym is located on the right hand side of the building if you are looking at the front door. *Instructor: Amanda Kelsey.*

Age 6 - 9

PROGRAM #	DAY	DATES	TIME	RES/NRES
412380B	Sat	12/01 - 12/15	10:00 - 10:45A	\$44/\$54
412380C	Sat	12/01 - 12/15	11:00 - 11:45A	\$44/\$54
413380B	Sat	01/05 - 01/26	10:00 - 10:45A	\$56/\$66
413380C	Sat	01/05 - 01/26	11:00 - 11:45A	\$56/\$66
413380F	Sat	02/02 - 02/23	10:00 - 10:45A	\$56/\$66
413380G	Sat	02/02 - 02/23	11:00 - 11:45A	\$56/\$66

Age 10 - 12

PROGRAM #	DAY	DATES	TIME	RES/NRES
412380D	Sat	12/01 - 12/15	12:00 - 12:45P	\$44/\$54
413380D	Sat	01/05 - 01/26	12:00 - 12:45P	\$56/\$66
413380H	Sat	02/02 - 02/23	12:00 - 12:45P	\$56/\$66

LOCATION: WHITING LANE SCHOOL

Register online, by fax or mail to Customer Service Desk, Town Hall.

Hip-Hop

Age 6 - 12

Your child will love to participate in this awesome dance experience! These classes are a great way to introduce your child to hip hop as they will learn creative ways to express themselves through music, patterns and moving sequences. Instructor Emil started out with breakdancing and through this art form found his love for Hip Hop. Instructing classes for students of all ages since 2004, Emil has a fun and inviting approach to teaching dance that welcomes students of all skill levels. *Instructor: Emil Serrano.* **No Class 10/31.**

PROGRAM #	DAY	DATES	TIME	RES/NRES
362112A	Wed	09/19 - 11/07*	5:00 - 5:55P	\$80/\$90
362112B	Thu	09/20 - 11/08	5:00 - 5:55P	\$90/\$100
363112A	Wed	01/16 - 03/06	5:00 - 5:55P	\$90/\$100
363112B	Thu	01/17 - 03/07	5:00 - 5:55P	\$90/\$100

LOCATION: ELMWOOD COMMUNITY CENTER

Register online, by fax or mail to Elmwood Community Center.





Homeschool Teen Production **NEW!**

Age 13 - 18 (limited number of 11-12 year old roles)

Teens will perform an original full length comedy (with acting, singing and dancing) in an upbeat, teen-appealing and family friendly holiday show with an uplifting message. This is a performance piece with many musical components, not a musical, so hone your acting skills. Theatrical techniques and skills will be part of the rehearsal process (projection, timing, blocking, stage presence, setting props, staying in character, etc.). This is a performance, not a class, so full weekly attendance is required. The directors reserve the right to limit the number of 11 and 12 year old participants as needed to fill roles; also, 11 and 12 year olds must be mature and able to handle weekly 3 hour rehearsals. The majority of program costs are being underwritten by an arts-supportive family to reduce costs to participants. Registration ends 9/19/18. *Instructor: Jeremy Mellitz and Sandy Jedziniak.* **No Class: 10/8, 10/15, 11/12, 11/26.**

PROGRAM #	DAY	DATES	TIME	RES/NRES
362238A	Mon	09/24 - 12/03	1:00 - 4:00P	\$100/\$110

LOCATION: ELMWOOD COMMUNITY CENTER

Register online, by fax or mail to Elmwood Community Center.

Indoor Lacrosse Clinic

Age 7 - 11

This four-session winter tune-up clinic will focus on teaching fundamental skills, concepts and game situations that will give new and experienced lacrosse players the confidence to make quality decisions on the field. All level players are welcome and the low coach-to-player ratio will allow each athlete the chance to gain personalized coaching to help in their individual player development.

Girls:

PROGRAM #	DAY	DATES	TIME	RES/NRES
413410A	Sun	02/10 - 03/03	10:00 - 11:00A	\$60/\$70

Instructor: Meg Cersosimo, Head Girls Varsity Lacrosse Coach at Conard High School.

Boys:

PROGRAM #	DAY	DATES	TIME	RES/NRES
413410B	Sun	02/10 - 03/03	11:15A - 12:15P	\$60/\$70

Instructor: Matt Cersosimo, Head Varsity Lacrosse Coach at Conard High School.

LOCATION: CONARD HIGH SCHOOL.

Register online, by fax or mail to Customer Service Desk, Town Hall.

PARTY AT WESTMOOR PARK

Celebrate your child's birthday
with a farm tour and a party!!

**Spend two hours of
merriment with your friends
at Westmoor Park!**



**Begin your party with a hands-
on Farm Tour or Nature Hike, and then it's
party time in the Hunter Room!**



**Parties are offered on
Saturdays and Sundays
year-round.**

**For more details call Westmoor Park,
Monday - Friday, 9:00 am-4:30 pm at 860-561-8260.
Reservations are needed.**

**Website: www.westmoorpark.org
Email: westmoorpark@westhartfordct.gov**

Earn Scout Badges at Westmoor Park



Boys, Girls
All ages, all levels

Join a naturalist for help earning
environmental and agricultural
badges. Activities can include
farm demonstrations, nature
hikes and much more.

Call the Westmoor Park Program
Coordinator at 860-561-8260,
Monday-Friday, 9am-4pm,
for more information and scheduling.

Little People's Holiday Playdates NEW!

Age 3 - 8

Join us for a Saturday morning playdate with new and old friends! This is an opportunity for parents to get their last minute holiday shopping done while your little person has some fun! All children must be toilet-trained. Please bring a snack and a water bottle. Visit www.creativistacharm.com for more information.

Instructor: Tia Miller & Creativista Charm Staff. No Class: 11/26.

PROGRAM #	DAY	DATES	TIME	RES/NRES
362212A	Sat	12/8	9:00A - 12:00P	\$35/\$45
362212B	Sat	12/15	9:00A - 12:00P	\$35/\$45

LOCATION: ELMWOOD COMMUNITY CENTER

Safety and Emergency Contact Information required on Registration Form.

Register online, by fax or mail to Elmwood Community Center.

Multisport Madness

Age 8 - 13

Taught by West Hartford resident and long-time Enfield Public School Teacher, AJ O'Brien, our multisport program will introduce a variety of sports in a non-competitive team-building format. Ball handling, racquet skills (tennis and badminton) and some traditional sports (soccer, basketball, floor hockey, baseball, lacrosse, etc.) will be introduced. Each session will alternate between two sports and work on complementary skills in consecutive weeks. *Instructor: AJ O'Brien. No Class: 10/8, 2/18.*

PROGRAM #	DAY	DATES	TIME	RES/NRES
352658A	Mon	09/24 - 11/05	5:00 - 5:55P	\$80/\$85
353658A	Mon	01/28 - 03/11	5:00 - 5:55P	\$80/\$85

LOCATION: ELMWOOD COMMUNITY CENTER

Register online, by fax or mail to Elmwood Community Center.

Mpower Boys Running

Age 6 - 14

Imagine the sense of accomplishment and pride your son will feel when he crosses the finish line of the Jamie's Run 5K in Wethersfield on November 4th! MPower Boys Running will prepare him to do just that. Modeled after popular Couch-to-5K plans, MPower's training program is designed for all levels of runners, from very beginners to experienced racers. We will concentrate on proper form and pacing while we build endurance over the weeks through a combination of running drills, games and core strength exercises. For more information, please visit: www.MpowerYouthSports.com. The program fee includes a t-shirt. When registering, please indicate your son's t-shirt size: Youth Small to Adult X-Large. Race registration is not included in the program fee. In the case of rain, the program will take place at King Philip Middle School, 8th grade gym. *Instructor: MPOWER Running Instructor.*

PROGRAM #	DAY	DATES	TIME	RES/NRES
412422A	Thu	09/13 - 10/25	5:00 - 6:00P	\$93/\$103

LOCATION: FERNRIDGE PARK

Register online, by fax or mail to Customer Service Desk, Town Hall.

Piano Lessons

Age 6 and Up

Lessons are offered every half hour on a one-to-one basis. Participants who register must have a full size piano for practice. *Instructor: Jane Hupfer – Mon, Tue, Wed and Colette Switaj – Thur & Sat.*

Fall No Class: 9/19, 10/8, 11/6, 11/12, 11/21

PROGRAM #	DAY	DATES	TIME	RES/NRES
362450 A, B, C, D, E, F	Mon	09/10 - 12/10	4:00 - 7:00P	\$252/\$262
362451 A, B, C, D, E, F	Tue	09/11 - 12/11	4:00 - 7:00P	\$273/\$283
362452 A, B, C, D, E, F	Wed	09/12 - 12/12	3:00 - 5:30P	\$252/\$262
362453 A, B, C, D, E, F	Thu	09/06 - 11/15	3:00 - 6:00P	\$231/\$241
362454 A, B, C, D, E, F	Sat	09/08 - 11/17	10:00A - 1:00P	\$231/\$241

Winter No Class: 12/27, 12/29, 1/21, 2/18, 2/19

PROGRAM #	DAY	DATES	TIME	RES/NRES
363450 A, B, C, D, E, F	Mon	01/07 - 03/25	4:00 - 7:00P	\$210/\$220
363451 A, B, C, D, E, F	Tue	01/08 - 03/26	4:00 - 7:00P	\$231/\$241
363452 A, B, C, D, E, F	Wed	01/09 - 03/27	3:00 - 5:30P	\$252/\$262
363453 A, B, C, D, E, F	Thu	11/29 - 02/07	3:00 - 6:00P	\$210/\$220
363454 A, B, C, D, E, F	Sat	12/01 - 02/09	10:00A - 1:00P	\$210/\$220

**Each lesson (A,B,C,D,E,F) is held on the half hour.*

LOCATION: ELMWOOD COMMUNITY CENTER

Register online, by fax or mail to Elmwood Community Center.

Pottery - Clay Discovery NEW!

Age 8 - 12

Learn about shape, texture, design and more! You will create approximately 3 works of clay art. All clay and glazes are food safe. Students of all abilities are welcome. Please bring a smock.

No Class: 2/19. Instructor: Lynne Cipolla.

PROGRAM #	DAY	DATES	TIME	RES/NRES
362121A	Tue	10/02 - 11/06	4:00 - 5:30P	\$95/\$100
363121A	Tue	01/29 - 03/12*	4:00 - 5:30P	\$95/\$100

LOCATION: ELMWOOD COMMUNITY CENTER

Register On-line, by Fax or mail to Elmwood Community Center.

Pottery - Holiday Ornament Workshop

Age 3 - 12 (3 - 4 with Adult)

Gifts, place settings and packages will glisten with a special joy. These creative and unique clay works will be made from potter's clay and various paint and embellishments. Each student will make approximately 10 ornaments. Fee includes all materials and firings. Please bring a smock or apron. *Instructor: Lynne Cipolla.*

No Class: 11/26.

PROGRAM #	DAY	DATES	TIME	RES/NRES
362222A	Mon	11/19 - 12/03	4:00 - 5:30P	\$32/\$37

LOCATION: ELMWOOD COMMUNITY CENTER

Register online, by fax or mail to Elmwood Community Center.



Pottery - Lovely Little Plates Workshop

Age 3 - 12 (3 - 4 with Adult)

In this two-week class, using potter's clay, texture tools, glaze and love you will create a set of 4 unique plates for your special treats or collectibles. All materials included in fee. Please bring a smock or apron. *Instructor: Lynne Cipolla. No Class: 2/4.*

PROGRAM #	DAY	DATES	TIME	RES/NRES
363260A	Mon	01/28 - 02/11	4:00 - 5:30P	\$32/\$37

LOCATION: ELMWOOD COMMUNITY CENTER

Register online, by fax or mail to Elmwood Community Center.

Pottery - Plates of Autumn Workshop

Age 3 - 12 (3-4 with Adult)

In this two week class, using potter's clay, glaze, leaves and other found objects, you will create a beautiful fall themed food safe plate. Fee includes all materials and firing. Please bring a smock or apron along with supple leaves from your favorite trees. *Instructor: Lynne Cipolla. No class: 10/29.*

PROGRAM #	DAY	DATES	TIME	RES/NRES
362102A	Mon	10/22 - 11/05	4:00 - 5:30P	\$32/\$37

LOCATION: ELMWOOD COMMUNITY CENTER

Register online, by fax or mail to Elmwood Community Center.

Pottery - Wheel Throwing

Age 10 and Up

Give your hand a spin at the art of pottery throwing at this six week class. Hand building experience is required. All materials and firings included in fee. Please bring a smock or apron. *Instructor: Lynne Cipolla. No Class: 10/31, 3/6.*

PROGRAM #	DAY	DATES	TIME	RES/NRES
362300A	Wed	09/26 - 11/07	3:00 - 4:30P	\$140/\$150
362300B	Wed	09/26 - 11/07	4:45 - 6:15P	\$140/\$150
FALL GLAZE WORKSHOP ALL CLASSES - 11/07 4:00 - 6:00PM				
363300A	Wed	01/30 - 03/13	3:00 - 4:30P	\$140/\$150
363300B	Wed	01/30 - 03/13	4:45 - 6:15P	\$140/\$150

WINTER GLAZE WORKSHOP ALL CLASSES - 3/13 4:00 - 6:00PM

LOCATION: ELMWOOD COMMUNITY CENTER

Register online, by fax or mail to Elmwood Community Center.

Register online any day, any time.

It's quick, easy and secure.

WestHartfordCT.gov/LeisureServices



Revolutionary Youth Theatre **NEW!**

Acting 1: Explorations (All Skill Levels)

Age 8 - 12

Curtains up! Students use fun-filled drama exercises and games to bring scenes and stories to life. Exploring the use of voice and body through vocal and physical exercises will help students understand and develop their characters on stage. As with all children's classes at RYT, there are no auditions, and everyone is welcome to participate in a non-competitive ensemble environment. *Instructor: Mark Mazzarella and Staff. No Class: 12/25, 01/01.*

PROGRAM #	DAY	DATES	TIME	RES/NRES
362205A	Thurs	09/27 - 11/01	4:00 - 5:15P	\$135/\$145
363205A	Tue	12/04 - 01/22	4:00 - 5:15P	\$135/\$145

LOCATION: ELMWOOD COMMUNITY CENTER

Register online, by fax or mail to Elmwood Community Center.

Audition Techniques Workshop (All Skill Levels)

Age 9 - 16

Want to ace your next audition? In this informative workshop, we will help you choose audition material that highlights your individuality and performance strengths. Topics covered include resume prep, choosing the right headshot, wardrobe etiquette, cold readings or musical selection, and dealing with audition nerves. The Workshop will conclude with a "Mock Audition", where you will present your audition songs and/or monologues in a panel setting and receive individual feedback. *Instructor: Mark Mazzarella and Staff. No Class: 10/31.*

PROGRAM #	DAY	DATES	TIME	RES/NRES
362207A	Wed	09/26 - 11/07	6:00 - 7:15P	\$135/\$145

LOCATION: ELMWOOD COMMUNITY CENTER

Register online, by fax or mail to Elmwood Community Center.

See more on next page



Broadway Dance (All Skill Levels)

Age 8 - 14

Think on your feet! This class is taught by a Broadway level choreographer. We welcome all dancers (beginners through advanced) and guarantee to make each student shine! Every dance will be from a Broadway show and choreographed to fit the needs of the students. The class will teach students endurance and memory recall. They will perfect common moves and dance genres including jazz, modern, and ballet. Students will learn to pick up routines quickly like an audition setting. *Instructor: Mark Mazzarella and Staff. No Class: 12/25, 01/01.*

PROGRAM #	DAY	DATES	TIME	RES/NRES
362206A	Tue	09/25 - 10/30	6:00 - 7:15P	\$135/\$145
363206A	Tue	12/04 - 01/22	6:00 - 7:15P	\$135/\$145

LOCATION: ELMWOOD COMMUNITY CENTER

Register online, by fax or mail to Elmwood Community Center.

Improv Class (All Skill Levels)

Age 9 - 16

No scripts, no memorizing, just fun!! This class is creative and liberating and a great tool for all young actors of all experiences. Learn the basic rules of improvisation and how to keep a scene going. Tons of theatre games and exercises that stimulate the imagination! Each session we build on learned techniques and ideas as the students grow more comfortable and stronger in their characters, intentions, and goals. *Instructor: Mark Mazzarella and Staff. No Class: 10/31, 12/25, 01/01.*

PROGRAM #	DAY	DATES	TIME	RES/NRES
362208A	Wed	09/26 - 11/07	4:00 - 5:15P	\$135/\$145
363208A	Tue	12/04 - 01/22	5:30 - 6:45	\$135/\$145

LOCATION: ELMWOOD COMMUNITY CENTER

Register online, by fax or mail to Elmwood Community Center

Junior Musical Theater Workshop (All Skill Levels)

Age 8 - 12

Find your voice! Creative exploration and the development of individual potential are the primary goals for junior musical theater students. Students explore how to interpret their song and find ways to connect to the lyrics to tell the story. Theater games and improvisation exercises increase performance skills and encourage students to collaborate with others cast members. Open classroom recital at the end of the 6-week session. *Instructor: Mark Mazzarella and Staff. No Class: 12/25, 01/01.*

PROGRAM #	DAY	DATES	TIME	RES/NRES
362209A	Tue	09/25 - 10/30	4:00 - 5:15P	\$135/\$145
363209A	Tue	12/04 - 01/22	4:00 - 5:15P	\$135/\$145

LOCATION: ELMWOOD COMMUNITY CENTER

Register online, by fax or mail to Elmwood Community Center.

Mask and Movement

Age 12 - 16

Connect with audiences through a different kind of FaceTime! In this introductory class, we will explore the world of mask performance through a series of hands-on (and feet-on and head-on!) exercises in breath, balance and precise movement. Students will hone their physical and mental abilities to express emotion, character and story through their bodies and bring life to the mask. We will work with several types of masks throughout the class and investigate traditions of mask performance from around the world. *Instructor: Mark Mazzarella and Staff. No Class: 12/25, 01/01.*

PROGRAM #	DAY	DATES	TIME	RES/NRES
362210A	Tue	09/25 - 10/30	6:00 - 7:15P	\$135/\$145
363210A	Tue	12/04 - 01/22	6:00 - 7:15P	\$135/\$145

LOCATION: ELMWOOD COMMUNITY CENTER

Register online, by fax or mail to Elmwood Community Center.

Puppetry in Performance

Age 8 - 12

Puppetry is more than just playing with your socks! In this class, explore the hows and whys of puppetry and enter a whole world of expressive possibilities. Students in this class will learn how to integrate breath, shape, and movement to bring puppets to life onstage. Participants will have the opportunity to sharpen their performance and storytelling skills through a variety of exercises and activities. Through individual and cooperative work, students will explore several styles of puppetry and develop their performance techniques. *Instructor: Mark Mazzarella and Staff. No Class: 12/25, 01/01.*

PROGRAM #	DAY	DATES	TIME	RES/NRES
362211A	Tue	09/25 - 10/30	4:30 - 5:45P	\$135/\$145
363211A	Tue	12/04 - 01/22	4:30 - 5:45P	\$135/\$145

LOCATION: ELMWOOD COMMUNITY CENTER

Register online, by fax or mail to Elmwood Community Center.





Tae Kwon Do

Age 5 - 15

Tae Kwon Do literally means the "art of fist and foot fighting." This 8-week class will teach students simple and effective self-defense along with traditional poses, which are set to a pattern of movement. Along with a cardiovascular workout, using the kicks and punches learned, students will gain more focus, confidence, mind/body control and coordination. Class is taught by a certified 4th degree black belt with 10 years of experience teaching in a family oriented Tae Kwon Do school. There is a \$20 material fee payable to the instructor for a uniform. *Instructor: Paul Millholen.* **No Class: 10/8, 11/12, 1/21, 2/18.**

PROGRAM #	DAY	DATES	TIME	RES/NRES
352535A	Mon	09/17 - 11/19	5:30 - 6:15P	\$80/\$90
353535A	Mon	01/07 - 03/11	5:30 - 6:15P	\$80/\$90

LOCATION: ELMWOOD COMMUNITY CENTER

Register online, by fax or mail to Elmwood Community Center.

Tennis Junior Clinics

Age 5 - 10

USPTA Professionals will be on site at all clinics and programs. The ratio is 6:1 between student and teacher. The instructor will utilize USTA QuickStart Program Curriculum and Equipment. In case of bad weather, make ups will be coordinated by the instructor. *Instructor: Fern Park Tennis Association.* **No Class: 9/19, 10/8.**

Age 5 - 7

PROGRAM #	DAY	DATES	TIME	RES/NRES
412367A	Mon	09/17 - 10/22	4:00 - 4:45P	\$72/\$82
412367B	Tue	09/11 - 10/16	4:00 - 4:45P	\$89/\$99
412367C	Wed	09/12 - 10/24	2:30 - 3:15P	\$89/\$99
412367D	Thu	09/13 - 10/18	4:00 - 4:45P	\$89/\$99
412367E	Sat	09/15 - 10/20	10:45 - 11:30A	\$89/\$99

Age 8 - 10

PROGRAM #	DAY	DATES	TIME	RES/NRES
412427B	Tue	09/11 - 10/16	4:45 - 6:00P	\$112/\$122
412427C	Wed	09/12 - 10/24	3:15 - 4:30P	\$112/\$122
412427D	Thu	09/13 - 10/18	4:45 - 6:00P	\$112/\$122
412427E	Sat	09/15 - 10/20	11:30A - 12:45P	\$112/\$122

LOCATION: FERNRIDGE PARK

Register online, by fax or mail to Customer Service Desk, Town Hall.

Tennis Intramural Junior

Age 11 - 15

This is an instruction and matchplay program that helps develop players and get them interested in playing competitive tennis. Enthusiastic players should sign up for all three days. *Instructor: Fern Park Tennis Association.* **No Class: 9/19, 10/8.**

PROGRAM #	DAY	DATES	TIME	RES/NRES
412527A	Mon	09/17 - 10/22	4:45 - 6:15P	\$107/\$117
412527B	Wed	09/12 - 10/24	4:30 - 6:00P	\$128/\$138
412527C	Fri	09/14 - 10/19	4:30 - 6:00P	\$128/\$138

LOCATION: FERNRIDGE PARK

Register online, by fax or mail to Customer Service Desk, Town Hall.

Volleyball Beginner

Age 8 - 14

Players will learn fundamental volleyball skills and game concepts through a variety of progressive individual and group drills. Working hard, being a positive teammate and having fun are the goals for each practice. Parents are welcome to stay. The program is taught by Jeanne DiGiacomo, former Northwest Catholic High School Coach from 2011 - 2015 and University of Saint Joseph Women's Volleyball Coach from 1996 - 2005. *Instructor: Jeanne DiGiacomo.* **No Class: 12/23, 12/30, 1/20.**

Age 8 - 11

PROGRAM #	DAY	DATES	TIME	RES/NRES
413370A	Sun	12/09 - 02/24	3:45 - 4:45P	\$99/\$109

Age 12 - 14

PROGRAM #	DAY	DATES	TIME	RES/NRES
413370C	Sun	12/09 - 02/24	5:00 - 6:30P	\$162/\$172

LOCATION: CONARD HIGH SCHOOL

Register online, by fax or mail to Customer Service Desk, Town Hall.

Westmoor Park After School Farmers

Age 6 - 11

These programs together form a series of fun, action-packed classes designed for kids who love animals and want to learn more about farming and farm life. Register for the entire series at a discount through October 16. Registration for individual sessions opens October 17. *Instructor: Westmoor Park Staff.*

PROGRAM #	DAY	DATES	TIME	RES/NRES
Be a Vet				
522446A	Thu	10/18	4:00 - 5:00P	\$12/\$14
Horse Care				
522446B	Thu	10/25	4:00 - 5:00P	\$12/\$14
Barnyard Feeding Time				
522446C	Thu	11/01	4:00 - 5:00P	\$12/\$14
Sheep and Goats				
522446D	Thu	11/08	4:00 - 5:00P	\$12/\$14
All Four Classes				
522446E	Thu	10/18 - 11/08	4:00 - 5:00P	\$40/\$44

LOCATION: WESTMOOR PARK

Register online, in person, by fax or mail to Westmoor Park.

Register online any day, any time.

It's quick, easy and secure.

WestHartfordCT.gov/LeisureServices

Westmoor Park Day Off Camps

Age 6 - 13

Come to Westmoor Park for a one-day camp experience on public school holidays. We will explore the forest, do seasonal crafts and games, learn about nature, and spend time in the barnyard and gardens. This is a full-day camp with a one-hour monitored lunch break in the middle. Please send campers with outdoor gear, water, snacks and lunch. Space is limited to the first 15 registrants. *Instructor: Westmoor Park Staff.*

PROGRAM #	DAY	DATES	TIME	RES/NRES
522415A	Mon	10/08	8:30A - 4:00P	\$60/\$70
522415B	Tue	11/06	8:30A - 4:00P	\$60/\$70
523415A	Mon	01/21	8:30A - 4:00P	\$60/\$70

LOCATION: WESTMOOR PARK

Safety and Emergency Contact Information required on Registration Form.

Register online, in person, by fax or mail to Westmoor Park.

Westmoor Park Dried Flower Arrangement

Age 7 - 12

We will begin our class by walking the grounds to collect dried seed pods, grasses and flowers grown in the gardens just for our autumn displays. The container for your beautiful arrangements will be our own Westmoor grown gourds to create a stunning display! *Instructor: Jane Gottier, Park Horticulturist.*

PROGRAM #	DAY	DATES	TIME	RES/NRES
522472A	Wed	10/10	3:45 - 4:45P	\$18/\$22

LOCATION: WESTMOOR PARK

Register online, in person, by fax or mail to Westmoor Park.

Westmoor Park Gourd Bird Houses

Age 7 - 12

Make bird houses using gourds that are grown in our own Westmoor Park garden. Paint your bird house and take it home to welcome our feathered friends in the spring. Bird house gourds and supplies included. *Instructor: Jane Gottier, Park Horticulturist.*

PROGRAM #	DAY	DATES	TIME	RES/NRES
523471A	Wed	03/06	3:30 - 4:45P	\$20/\$25

LOCATION: WESTMOOR PARK

Register online, in person, by fax or mail to Westmoor Park.

Westmoor Park Harvest Days

Age 7 - 12

Discover beauty in nature at Westmoor Park. This program is designed for kids with an interest in nature and art. Each class's focus will be different. We will make beautiful craft arrangements using fall foliage, explore the many uses for pumpkins and gourds from the garden, and learn skills for digital nature photography. Register for the entire series at a discount through September 22. Registration for individual sessions opens September 23. *Instructor: Jane Gottier, Park Horticulturist.*

PROGRAM #	DAY	DATES	TIME	RES/NRES
Fall Craft Arrangement				
522428A	Mon	09/24	4:00 - 5:00P	\$12/\$14
Garden Time				
522428B	Mon	10/01	4:00 - 5:00P	\$12/\$14
Fall Foliage Photography				
522428C	Mon	10/15	4:00 - 5:00P	\$12/\$14
All Three Classes				
522428D	Mon	09/24 - 10/15	4:00 - 5:00P	\$30/\$35

LOCATION: WESTMOOR PARK

Register online, in person, by fax or mail to Westmoor Park.

Westmoor Park Holiday Ornaments from Nature

Age 5 - 12

Create holiday ornaments or gifts from Mother Nature's garden! Please bring your holiday spirit, scissors and glue gun. Registration deadline: 12/08/18. Fee is for one parent/child pair. *Instructor: Jane Gottier, Park Horticulturist.*

PROGRAM #	DAY	DATES	TIME	RES/NRES
522788A	Sat	12/15	9:00 - 11:00A	\$20/\$25

LOCATION: WESTMOOR PARK

Register online, in person, by fax or mail to Westmoor Park.





Westmoor Park Indoor Animal Feeding

Age 6 - 11

Help our Westmoor Naturalists take care of the animals in the Discovery Room! Make salads for the turtles, hand-feed crickets to the geckos and watch the snakes eat mice. Please note: some of our animal foods include peanuts and other nuts and grains.

Instructor: Westmoor Park Staff.

PROGRAM #	DAY	DATES	TIME	RES/NRES
522425A	Fri	09/07	4:00 - 5:00P	\$10/\$12
522425B	Fri	10/05	4:00 - 5:00P	\$10/\$12
522425C	Fri	11/02	4:00 - 5:00P	\$10/\$12
522425D	Fri	11/30	4:00 - 5:00P	\$10/\$12
523425A	Fri	01/04	4:00 - 5:00P	\$10/\$12
523425B	Fri	02/01	4:00 - 5:00P	\$10/\$12
523425C	Fri	03/01	4:00 - 5:00P	\$10/\$12

LOCATION: WESTMOOR PARK

Register online, in person, by fax or mail to Westmoor Park.

Westmoor Park Wilderness Experts

Age 6 - 11

These programs together form a series of adventure-filled learning, focusing on outdoor survival skills and nature exploration. Sign up for the entire series for a discount through September 18. Registration for individual sessions opens September 19.

Instructor: Westmoor Park Staff.

PROGRAM #	DAY	DATES	TIME	RES/NRES
Pond Exploration				
522423A	Thu	09/20	4:00 - 5:00P	\$12/\$14
Animals Tracking				
522423B	Thu	09/27	4:00 - 5:00P	\$12/\$14
Shelter Building I				
522423C	Thu	10/04	4:00 - 5:00P	\$12/\$14
Shelter Building II				
522423D	Thu	10/11	4:00 - 5:00P	\$12/\$14
All Four Classes				
522423E	Thu	09/20 - 10/11	4:00 - 5:00P	\$40/\$44

LOCATION: WESTMOOR PARK

Register online, in person, by fax or mail to Westmoor Park.

Wrestling: Fisher Cats WHYW

Age 7 - 15

West Hartford Youth Wrestling is a club devoted to the growth of wrestling by helping your athlete reach their fullest potential. Wrestling is a sport that will keep your child engaged and busy throughout the winter months. It helps foster self-confidence, discipline, mental toughness and sportsmanship. There is a place for your son or daughter no matter his/her size. Beginners and more experienced wrestlers will learn high school style wrestling techniques at a fun and developmentally appropriate pace. Contact WHYWfishercats@gmail.com with any questions. **No Class: 12/24, 12/27, 12/28, 12/31, 1/21, 2/18, 2/19.**

Age 7 - 11

PROGRAM #	DAY	DATES	TIME	RES/NRES
413400A	Mon/Thu	11/26 - 02/28	6:00 - 8:00P	\$150/\$160

Age 11 - 15

PROGRAM #	DAY	DATES	TIME	RES/NRES
413400B	Tue/Fri	11/27 - 02/22	6:00 - 8:00P	\$150/\$160

LOCATION: HALL HIGH SCHOOL

Register online, by fax or mail to Customer Service Desk, Town Hall.

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